

ZARA Rhythmic Gymnastics Academy

Registration Form:

STUDENT INFORMATION:

Child's Name _____ D.O.B. _____ Age _____

Child's Name _____ D.O.B. _____ Age _____

Child's Name _____ D.O.B. _____ Age _____

Child's Name _____ D.O.B. _____ Age _____

PARENT INFORMATION:

Mother/Legal Guardian's Name _____

Address: _____ City _____ State _____

Cell Phone: _____ Email: _____

Occupation: _____ Work Phone: _____

Father/Legal Guardian's Name _____

Address: _____ City _____ State _____

Cell Phone: _____ Email: _____

Occupation: _____ Work Phone: _____

EMERGENCY INFORMATION:

If we cannot reach the parent/legal guardian above number in an emergency, we will contact the people below in order of appearance:

1)Name: _____ Phone: _____ Relationship _____

2)Name: _____ Phone: _____ Relationship _____

PICK UP INFORMATION:

If anyone rather than parent/legal guardian will pick up children above, please list the names of people authorized to do so:

1)Name: _____ Phone: _____ Relationship _____

2)Name: _____ Phone: _____ Relationship _____

2019/2020 ZRGA Information/Policies/Procedures

We are excited you are joining Zara Rhythmic Gymnastics Academy! Please read our Policies and Procedures to maintain productive training and positive atmosphere in the club.

General Rules:

- No child is permitted to attend class without filling out the enrollment form and signing a waiver by her parent/guardian.
- Only gymnasts may enter the gym carpet area. We provide special seating area where parents/guardians may wait for their children.
- Gymnasts must be always on time for practice. Parents must pick up their children on time. As a USAG member club we have to abide by "Safe Sport" rule. We are unable to supervise children prior or post class time.
- No food, drink (except water), or gum is allowed in the gym.
- All clothes and personal belongings must be left at the designated cubbies/shelves. Please remove your shoes before stepping onto the carpet. Shoes, water bottle and gymnastics apparatus should be left at the designated area next to the carpet.
- Gymnasts must stay respectful to their coaches and fellow teammates. No bullying, arguing or gossiping is allowed. Please approach the coach immediately if you don't feel safe.
- Zara Rhythmic Gymnastics Academy and its instructors reserve the right to dismiss any student at any time for conduct that might convey a negative image or be deemed harmful to fellow students, instructors, any other person or property located within or outside of the gym.
- If at any point of time you decide that you no longer would like to be a part of our club – please provide a written notice (email) at least 2 weeks prior to the beginning of the next month.

Tuition Policy: Please understand that Zara Rhythmic Gymnastics Academy runs on a monthly billing cycle and that you will be required to pay for your child's monthly dues PRIOR to beginning of the month. Monthly payment is due before or on the 1st of each month. There will a \$15.00 Late fee if payment is not paid by the 3rd of every month. Returned checks will be charged a \$25 return check fee.

A **\$40.00 annual registration fee** is required at time of registration and needs to be renewed every year by August 1st.

Parent Initials: _____

Refund/Credit Procedure: There are no refunds or credits for missed classes. Make up classes available on other days with other levels if scheduled with a manager in advance. No refunds will be given after the first day of any term. In the event that injury or family emergency does occur, we will make every effort to work with you to re-schedule your class.

Holiday Policy: Zara Rhythmic Gymnastics Academy will be closed on the following days/holidays: Memorial Day, July 4th, Labor Day, Thanksgiving Day and the following Friday. We are closed during Christmas break: December 24 – January 2. Please understand that the monthly tuition for December stays the same since it affects the rest of the monthly payments.

Family Discount: 20% off of lesser value for every second immediate family member enrolled.

Physical Interactions: Flexibility is a very important aspect in rhythmic gymnastics. But stretching sometimes can be very painful. ZRGA instructors are professionals that know what they do; they will teach your child the difference between good pain and bad pain. Please note that physical interactions between a coach and a student will be included in every day practice. If a student or parents are not comfortable with it, please let the coach/manager know right away.

Dress Code: Gymnasts should wear black leotard with black stretchy shorts, half-sole gymnastics shoes, hair in a bun and no jewelry.

ZRGA Events: During the whole year we organize and participate at various events, celebrations, school promotions, etc. Please be ready to take a part at least at one of those events and show your team spirit!

Volunteering: If your child is a Team member, parents are strongly recommended to fully participate in all kinds of volunteering opportunities. ZRGA requests will be sent out via email or asked verbally, so parent support would be really appreciated. Children with more hours of parent volunteering will be on the top of the list for the support from our sponsors.

I have read and understand the above policies and procedures.

Parent Signature: _____ Date: _____

2019/2020 ZRGA Information/Policies/Procedures

For Team Members Only

Program:

The Rhythmic Competitive Program is by invitation from the coach only! Gymnasts are placed in competitive levels according to age, skill, interest, and commitment. Levels 3 & 4 have an option for attending fewer hours if not competing. For levels 5 and up, in order to advance to the next rhythmic gymnastics level – all gymnasts must be able to attend the required training hours, complete the rhythmic gymnastics season; participate at competitions, attend State and Regional meets, and take the minimum of 4 full weeks of summer camp at ZRGA.

We recognize the commitment required for competition team. Competition team is time consuming not only for gymnasts, but also for parents. It is also a financial obligation and requires a certain level of commitment. We urge parents to weigh all pros and cons; we will support you in any decision you make.

Level 3 - Competitive – 6 hours of practice is required; Ballet class is optional

Level 3 – Not Competitive – 4 hours of practice is offered

Level 4 - Competitive – 9 hours of practice is required; Ballet class is optional

Level 4 – Not Competitive – 6 hours of practice is offered

Level 5 – 12 hours of practice; Ballet class is required

Level 6 – 16 hours of practice; Ballet class is required

Level 7 and up – 20 hours of practice; Ballet class is required

Private Classes (optional):

The best rhythmic gymnastics training is a combination of group trainings and private lessons. Our coaches offer 30 min – 1 hour private classes to help gymnasts focus better and learn faster. Private lessons can be tailored to fit individual needs and concentrate exactly on what gymnast needs to improve. Please schedule your private classes in advance since the time slots fill up pretty fast for the rest of the year.

Parent Initials: _____

Routines:

All level Team members must pay yearly routine fees in the beginning of the Competition Season as follows:

Level 3 - \$75 (3 routines \$25 each)

Level 4 - \$100 (4 routines \$25 each)

Level 5 - \$200 (4 routines \$50 each)

Level 6 + - \$400 (4 individual routines \$100 each)*

*Individual routines are priced \$100 per routine only for ZRGA team members. If you are not ZRGA team member or leaving the club – the cost of each routine is \$250 and due at the time of the event.

Team Attire:

All team members participating in competitions are required to wear ZRGA attire at events. Club logo t-shirts are available for purchase at our gym. Club logo costumes are optional and available for group order.

Competitions:

Each team member must have a current USA Gymnastics membership to compete. All parents are responsible for renewing annual membership to the USA Gymnastics.

The gymnast must follow USAG rules for competition. A gymnast may not proceed to State Competition unless they attend at least one invitational competition. A gymnast may not compete in Regionals unless they compete in State Competition.

Levels 3, 4 and 5 can compete in local competitions only, but may have to go out of town for State, Regionals and Nationals (level 5 only).

Level 6 and up gymnasts may attend local and some out-of-state competitions. National Qualifier, Nationals and Junior Olympics are usually held on East Coast.

The registration fee for any competition is the responsibility of the parents. All registration fees are payable to Zara Rhythmic Gymnastics Academy.

Parent Initials: _____

Parents are responsible for the coaches' competition fees and travel expenses, which includes transportation, lodging and meals. All the expenses are paid as a flat rate fee per student before the competition. Championships, Nationals, National Qualifier, International competitions and Squad Camps are exception and the fees are calculated individually. Competition fees and travel expenses are not refundable.

Competition Coach Fees:

Local competition:

- \$20 per gymnast

Out of state competitions:

- 8 or more gymnasts going (2 days) - \$160; (1day) - \$120
- 5 or more gymnasts going (2 days) - \$200; (1 day) - \$150
- 4 or less – depends on destination and overall travel & coach expense (please talk to the coach)

Please note, that the decision of which coach goes to the competition event is made by the Head Coach only and is not subject for discussion. For the Region meet – presence of 2 coaches is required.

Schedules and rotations for each competition are available a few days before the competition. We will post them as soon as they become available.

Gymnasts should arrive at the competition ahead of time for each level. Certain times will be sent out before each event. Gymnast's hair must be in a bun, and make-up done. Gymnasts must be dressed in black shorts, ZRGA club attire and warm-ups. Gymnasts should have all the equipment, toe shoes and leotards with them.

On arrival, gymnasts should immediately go to the warm up area and find their coach. The warm up area is only for gymnasts and coaches, no parents allowed. All parents must find seating in the common area.

Parents cannot approach other coaches or judges for any reason. If a parent approaches a judge, the gymnast will be immediately disqualified. So, if you have an emergency or a problem, please text or call your coach/manager and let them know.

I have read and understand the above policies and procedures.

Parent Signature: _____ Date: _____

ZARA Rhythmic Gymnastics Academy

2019/2020 Monthly Tuition/Schedule:

*Prices and Schedule are subject to change

Beginners (3-5 yo):

\$100/month

Tue/Thu 3-3:50 pm

Recreational (4+ yo):

\$150/month

Tue/Thu 5-6:30 pm

TEAM (BY INVITATION ONLY):

Level 3:

\$230/month – 2 times/week

\$280/month – 3 times/week

Tue/Thu 4-6 pm

Fri 4-6 pm

Level 4:

\$300/month – 2 times/week

\$350/month – 3 times/week

Tue/Thu 4-7 pm

Fri 4-7 pm

Level 5:

\$400/month – 3 times/week

Mon/Wed/Fri 4-8 pm

Level 6:

\$450/month – 4 times/week

Mon/Wed/Fri 4-8 pm

Sat 10-2 pm

Level 7 and up:

\$500/month – 5 times/week

Mon/Tue/Wed/Fri 4-8 pm

Sat 10-2 pm

Ballet:

Levels 3-4 (group of 5 or more): Mon 4-4:45 pm; \$10 per class if monthly

Levels 5-7: Sat 2-3 pm; \$12 per class if monthly

Stretching: Saturday 3-4 pm; \$10 per class if monthly

ZRGA Questionnaire:

- 1) What is the purpose that better describes your interest in Rhythmic Gymnastics?
 - Competing
 - For better health/flexibility
 - Just for fun
- 2) Would you be interested in participation at different events, concerts, etc. that promote Zara Rhythmic Gymnastics Academy?
 - Yes
 - No
 - Maybe
- 3) How did you learn about ZRGA?
 - Friends (name)
 - Facebook
 - Instagram
 - Other (please specify)
- 4) Would you like to be on the ZRGA Team?
 - Yes
 - No
 - Maybe
- 5) While in the Team, would you like to participate at competitions and/or travel to different cities for competitions?
 - Yes
 - No
 - Maybe
- 6) Are you interested in being a volunteer for ZRGA?
 - Yes
 - No
 - Maybe